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Helen Keller once said, "Alone we can do so little; together we can do so much." She couldn't have been more right. The desire and willingness of not only agency employees, but also the many clients, families, donors, board members and the community, are what fuel our mutual efforts and lead us to success. You might ask how success is defined at The Moore Center. That's easy - creating opportunities for a good life. What that good life looks like is different for every person, but I think we all can agree that it's a life where we have choices. We can

choose what activities we participate in and what job makes us happy. We can choose to move in with family as we age or utilize services that allow us to remain in our own homes.

We can see the glass as half empty or half full. As a board member, I enjoy coming to a meeting and seeing staff celebrate a client's achievements, applaud a grant that has been received or strategize on how best to deliver a service. Sure, there are challenges, but it is a glass half full mentality. Their positive outlook and dedication is complemented by the support received from the community and the contributions made by many. I'm proud to be a part of The Moore Center team and thank those of you who are as well. Together we can do so much.

I never cease to be amazed that regardless of the challenges they may face, our clients have a positive attitude and face life with enthusiasm.

I heard a saying recently that truly stuck with me for its messaging, which was essentially that people need to learn to differentiate between a catastrophe and a burnt potato. After all, it is only by understanding the difference between a burnt potato and a catastrophe that we will learn to laugh at small upsets and live more graceful, grateful lives.



**PAUL S. BOYNTON**  
PRESIDENT & CEO

Certainly one of our Moore Options for Seniors clients, 94-year-old Fred Elias, whom I had the opportunity to meet recently, has learned this lesson. He embraces each and every day with a

sense of humor and music in his heart. Fred, a musician, celebrates life like many of our clients. He performs, he writes and perhaps most importantly, he laughs. Fred has chosen to age in place in the community - a community that I love and am so proud to be a part of as it is one that is welcoming to all, and in which we can all engage.

Fred shows us that you are never to old to inspire other people and encourages us to do so. Turn your attention to all the things surrounding you that you can influence, change and improve. You have the power to change someone's entire day with a kind word, a smile or a gentle touch. And trust me, you will also change your own day and even your life by focusing on what you can do.

## Financials for the 2016 Fiscal Year

	FY 16	FY 15
Total Revenue	\$46,028,281	\$44,965,511
Total Expense	\$45,973,536	\$44,797,193
Change in Net Assets before Interest Rate SWAP	\$54,745	\$168,318

## MOORE OPTIONS FOR SENIORS IS MUSIC TO HIS EARS

### 94-Year-Old Musician Says Program Hit the Right Note for Him and His Desired Independence

He apologizes for not being able to get up and greet me. Within minutes he is joking with me, his smile complementing his bright blue eyes, which hint at a sense of mischievousness. He motions me to a seat, and I have no idea at the time what an enjoyable experience the next hour will be, as his real-life storytelling begins.

Ninety-four-year-old Fred Elias has performed for the likes of Frank Sinatra, Bob Hope, Dean Martin, Danny Thomas and even King Saud. He is also a WWII veteran who served at and was wounded in the Battle of the Bulge. Fred does not want to focus on himself, however, instead praising his fellow servicemen and his band mates of 55 years.

Today, much of his praise is for his caregiver from Moore Options for Seniors, a program of The Moore Center. "Her dedication to The Moore Center and to me is something unbelievable," Fred said of caregiver Kathy Simons.



"I'll never give you up," Simons assures Fred, the sincerity and caring in her face shining through.

Fred receives services 10 hours per week from Moore Options for Seniors. According to the program's director, Tim McGinnin, Moore Options for Seniors offers Personal Care Services on an hourly basis, helping with a wide range of non-medical assistance. Kinship Care and Adult Family Care provide elder care in a family setting for those who can no longer live safely and independently in their own home. Welcome Home is a customized care plan for those being discharged from a hospital or rehabilitation facility. Said McGinnin, "Regardless of what service option is chosen, one can have the peace of mind that his or her loved one is in good hands," as is the case with Fred.

Kathy helps Fred shower and dress and assists with laundry, housekeeping, meals and errands. She also provides companionship.

"Her outreach to the elderly is incredible," said Fred, adding with a smile, "I'm only 94, but I guess I classify myself as elderly."

While he may fall under the definition of elderly, Fred certainly does not act his age - in a good way! Until very recently, Fred, who can play every string instrument, was performing at Athenian Corner in Lowell, Massachusetts one time per month, as he had done for 33 years. He has written a book and is hard at work on a second one. He has over 40 CDs to his name and is currently working with a famous songwriter in Nashville on a song.

Fred's career (involving extensive travel and late hours), and his military service, have taken their toll, however. He suffers from PTSD and still has shrapnel in him from the Battle of the Bulge. Issues with his legs and feet make walking difficult. Arthritis and loss of dexterity have forced him to stop playing the violin. He has chronic pain as a result of a car accident. His mind, however, has not failed him. He talks easily about his escapades with Frank Sinatra and Danny Thomas, his interaction with General George Patton and of a time when he would stand in line at the only telegraph office in Las Vegas for three to four hours to send money home to his family.

"As far as dementia, he has none," said Kathy. "Research has shown that playing a musical instrument may lower the risk of dementia." Still, despite a lack of memory issues, Kathy said Fred would most likely be in a nursing home if he did not have the services afforded by Moore Options for Seniors. Having worked for the program for two years now, she said she has truly come to appreciate the many ways it helps people maintain their independence while also getting the help they need. She has also come to greatly appreciate Fred himself. "I have very much enjoyed working with Fred. I care for my clients like I would want my parents cared for. Fred is like a grandfather to me," said Kathy.

The feeling is mutual. "I adore her. She's like one of the family now," said Fred.



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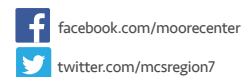
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